# SPRINT FAST

Are you a concerned significant other of a Veteran who owns firearms?

YOU MAY BE ELIGIBLE for a research study!

## Participation in this study will be virtual and include:

- 1) A brief survey
- 2) Creating a Safety Plan: You and your Veteran, together with our study team will work out a plan on how to access crisis services and safely store firearms in the event of a mental health crisis.
- 3) A follow up interview

Our goal is to promote mental health wellness and safety among Veteran firearm owners.

All Veterans with any health concerns are invited to participate

Your participation will help us understand and better address Veteran needs.

### Participants will be compensated for their time.

This study is being conducted by the University of Colorado, Anschutz Medical Campus and the VA Rocky Mountain Mental Illness, Research, Education and Clinical Center (MIRECC)

### Principal Investigator: Dr. Bryann B. DeBeer



"I am a clinical psychologist and have worked at the VA for over 10 years. One of my Veteran family members died by suicide via firearm. I am conducting this study to help Veterans and their families and friends create plans for firearm safety in case a mental health crisis arises. A crisis can come on unexpectedly at times and the best way to handle it is to prepare in advance."

- Bryann DeBeer is the Director of the VA Patient Safety Center of Inquiry – Suicide Prevention Collaborative, and a Clinical Research Psychologist at the VA Rocky Mountain MIRECC, a Veteran suicide prevention research center. She is a Visiting Associate Professor at the University of Colorado Anschutz Medical Campus.

For more information:

Please call us at **720-723-7062** 

Refer to: COMIRB Protocol #20-1572



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- 1) A brief survey
- 2) Creating a Safety Plan: You and a concerned significant other, together with our study team, will work out a plan on how to access crisis services and safely store firearms in the event of a mental health crisis.
- 3) An interview about your firearm safety procedures

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