



Soldier for Life

Health and Wellness Overview

MAJ(P) Kate Little
Executive Officer
Health and Wellness Director

12 June 2023



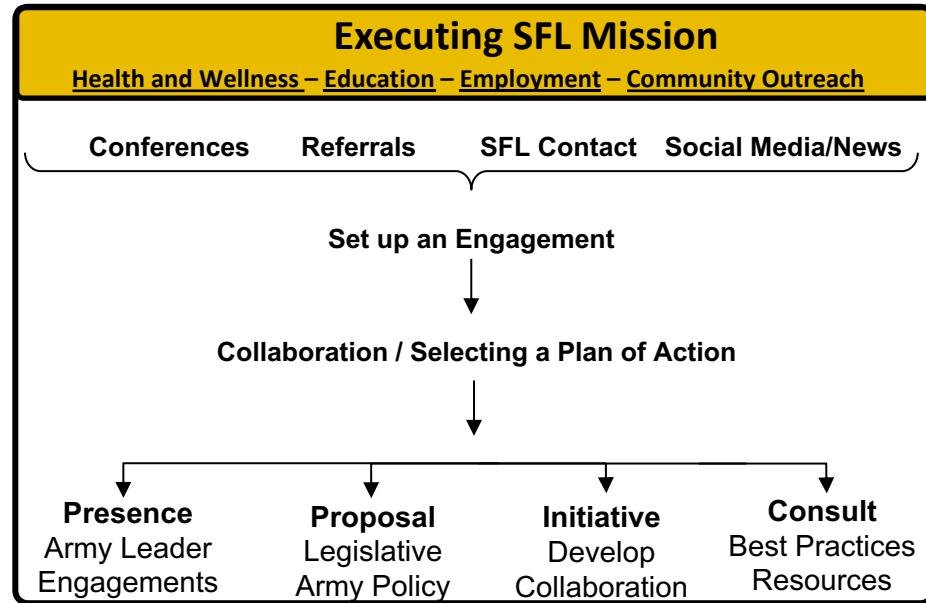
Current Mission and Vision

Mission

Vision

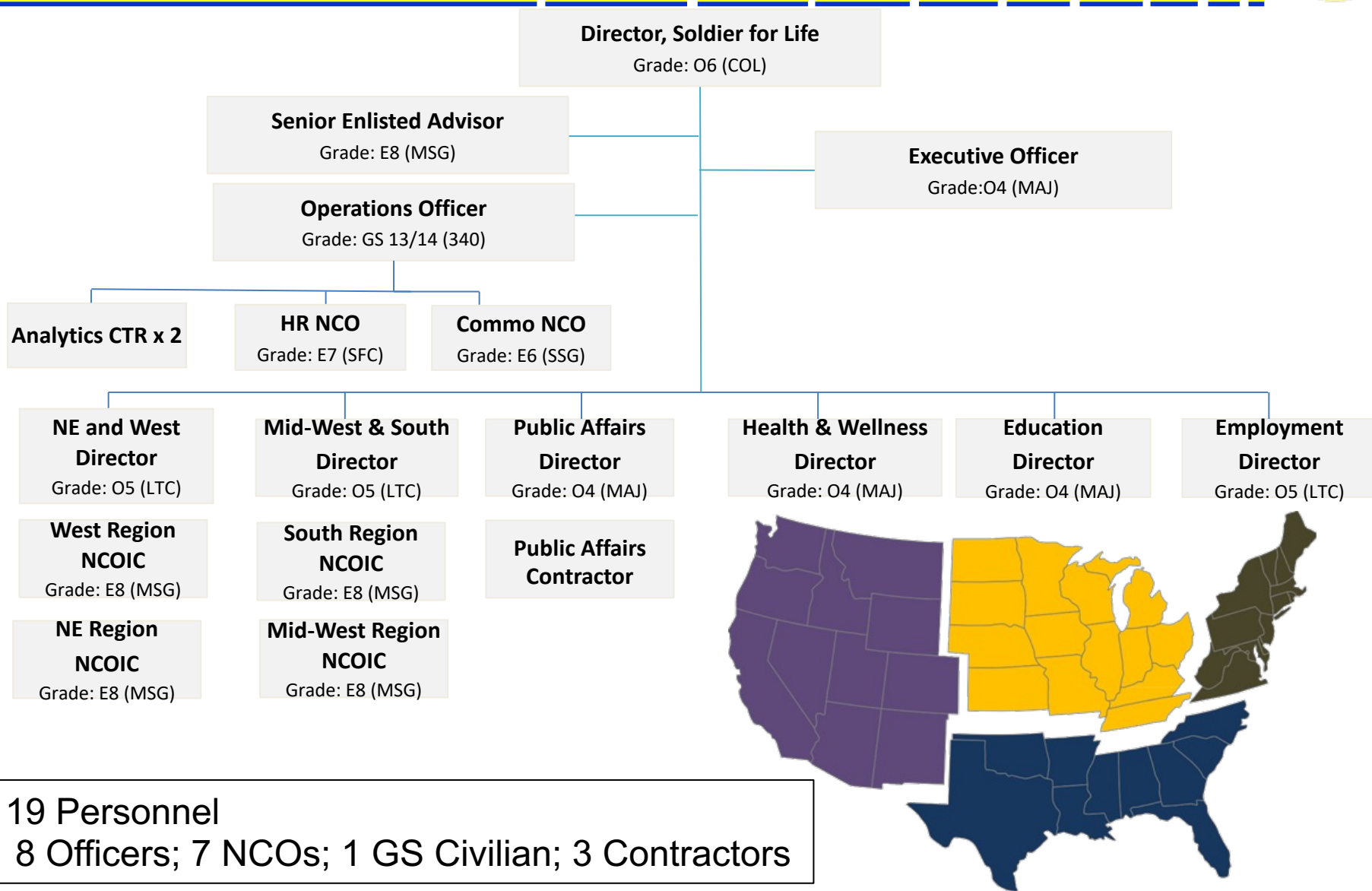
Soldier for Life **engages and connects** Army, governmental, and nongovernmental organizations in order to **influence** policies, programs, and services that **support Soldiers, Veterans, and Families** and reinforce the Soldier for Life mindset throughout the **Soldier Life Cycle**.

Soldier for Life **creates an environment** where Soldiers, Veterans and Families **embrace their positive Army experience** and return to their communities as **Army ambassadors, leaders of character, commitment and service,** and **an inspiration** to the next generation to serve.





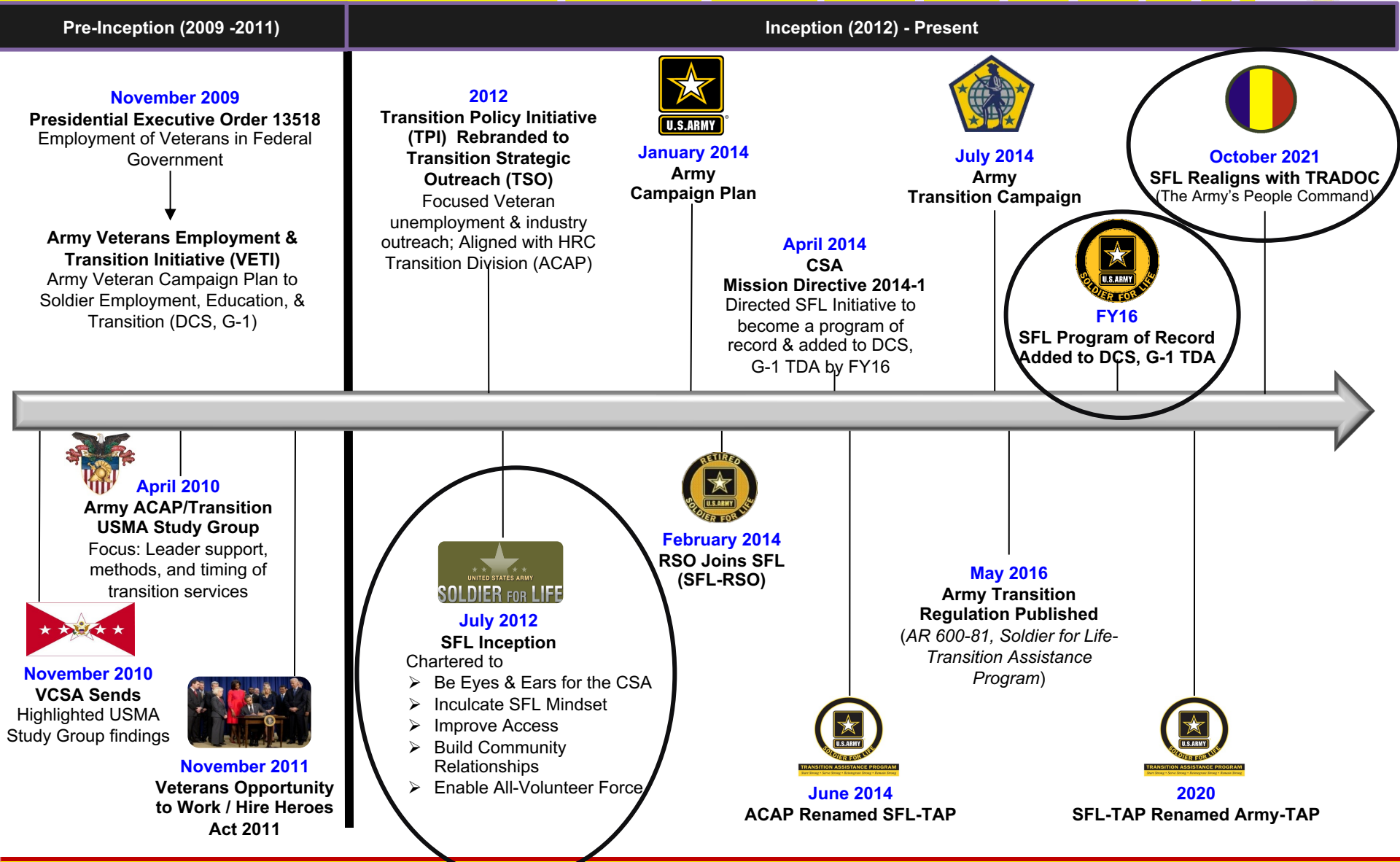
Soldier for Life Organization



SFL History



U.S. ARMY



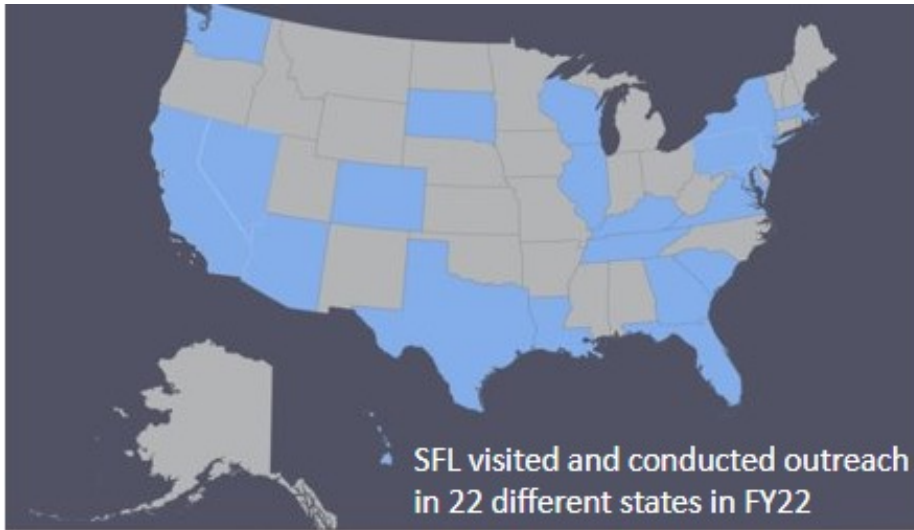


FY22 National Outreach & FY23 Way Ahead



FY22 Summary

- Traveled to 22 different states and over 40 different cities
- SFL most frequently visited states in 2022:
 - Texas
 - Massachusetts
 - New York
 - California
- Way Ahead: Create opportunities to engage with more suburban and rural communities



FY23 Key Points

- Reconnect America to its Army
- Advise and Assist Communities in order to improve support to Soldiers, Veterans, and Family members
- Identify and Support Opportunities in Health & Wellness, Education, and Employment
- Leverage the Army Veteran population to inform the Nation about the benefits of Army service
- Create a network in order to communicate with Veterans

Transitioning Soldier Data

Active Component

7 of Active Component Soldiers transitioned from the Army during FY22 with 10 years or less of service.

Top Fields

- 11 – Infantry
- 92 – Quartermaster
- 91 – Field Mechanics
- 25 – Signal Corps
- 68- Medical
- 13 – Field Artillery
- 15 – Aviation

Quick Facts

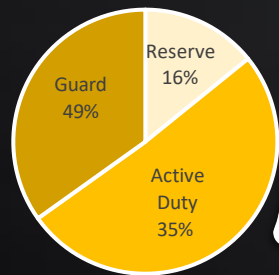
COMPONENT*

9

Reserve - 18,339

Guard - 45,077

Active Component - 65,864

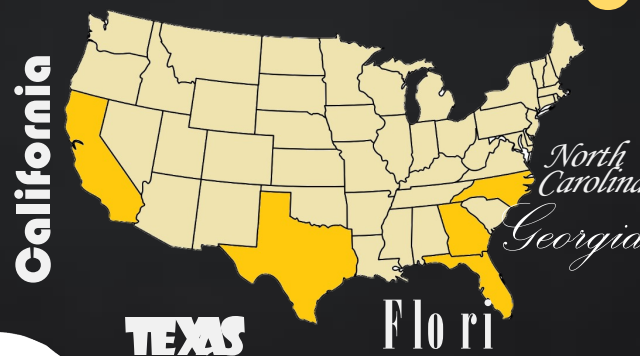


129,283

Soldiers Transitioned in FY22



Top 5 States for Relocation



Top 5 Installations

- Fort Bragg – NC
- Fort Hood – TX
- Fort Carson – CO
- Fort Bliss – TX
- Fort Campbell – KY

*NG/Reserve Soldiers are only those Soldiers to transition from Active Duty. ALL data reflect those that transitioned with Honorable/General status.



Connecting America To The Army



Social Media



Focus on increasing *reach*

- **LinkedIn – 100K followers**
Focused on connecting Industry to the Army.
- **Podcasts – 58K downloads**
Focused on connecting Army Veterans and transitioning Soldiers to industry opportunities
- **Facebook – 33K followers**
Focused on connecting America to our Army



Community Outreach



Help communities *recognize, honor and support the Army*

- Proactively engage with non-military organizations
- Build relationships with schools and Chambers Of Commerce
- Represent Soldier for Life at local community events across the Nation



Connecting with Veterans



Help Veterans feel better connected to the Army

- SFL Platform ICW HQDA G1
- ETS-Sponsorship - database for future outreach and connection initiatives
- Department of Veteran Affairs VA.gov sign-up initiative
- Veteran Recognition Ceremonies





U.S. ARMY

Health and Wellness Resources

Physical Fitness



Government

- TRADOC – H2F

Non-Profit

- Team Red White, Blue
- Semper Fi Odyssey

Nutrition



Government

- TRADOC – H2F
- Army Public Health Center
- Military Treatment Facilities
- Army Wellness Centers

General Health and Wellness



Government

- OTSG/ MEDCOM/ MTF
- Army Public Health Center
- TRADOC- H2F
- DHA
- AMSUS (Prof. Org Mil Medicine)

Non-Profit

- Tragedy Assistance Program for Survivors – TAPs
- Code of Support Foundation
- Fisher House Foundation

Resource Centers

- Patriot Link (NFP)
- Army Medical Assistance Program
- Army Community Resource Guide
- Coaching Into Care (Gov – VA)
- Military One Source (Gov- DoD)
- National Resource Directory (DoD – DHA)
- Women's Vet Call Center (DoD-VA)

Mental and Spiritual Health



Government

- R2 – Ready and Resilient (Army)
- OTSG/ MEDCOM/ MTF/ BH
- TRADOC- H2F
- Psychological Health Institute
- inTransition
- Chaplain Corps

Non-Profit

- Give an Hour
- Cohen Veterans Clinic
- Psych Armor Institute
- Operation Purple – National Military Family Association
- Leashes of Valor (PTSD Support Dog)
- Objective Zero

Resource Centers

- inTransition (Gov – DHA)
- Psychological Health Resource Center (Gov – DHA)
- Veteran Crisis Line (Gov – VA)
- MFLC/ Military One Source (Gov – DoD)

Wounded Warrior/ Care Givers



Government

- Army Recovery Care Program
- Recovery Care Program

Non-Profit

- Elizabeth Dole Foundation
- Easterseals – Respite Care
- Blue Star Families
- Disabled Veterans of America
- Wounded Warrior Project
- Fenty's Troops First – Operation Proper Exit
- Paralyzed Veterans of America

Resource Centers

- Army Recovery Care Program
- Recovery Care Program



Points of Interest



- **Veteran Housing Initiatives** – Homelessness impacts an array of Veterans. SFL helps to highlight organizations which focus on ending this problem.
- **Veteran Incarceration** – Investigating different ways to impact Veteran Incarceration
- **Food Insecurity** – Investigating different ways to impact Soldier, Veteran, and Family Food Security
- **ETS-Sponsorship Program** – A national non-profit in a public-private partnership with the VA dedicated to ensuring the successful transition of service members out of the military and into civilian life
- **Easterseals** – Provides health and wellness/employment support to the military community
- **Our Community Salutes** – A program to recognize high school students that enlist in the military
- **Employment** – SFL focuses on transitioning Soldier, Veteran, and military spouse hiring opportunities (Recruit Military, PaYS, Career Skills Program, Transition Assistance Program)
- **Soldier for Life Pin** – Presented to Soldiers upon transitioning from the Army



Key Opportunities



- Collaboration on information dissemination (health and wellness resources including mental health resources)
- Collaboration on mutually beneficial initiatives
- Provide us feedback on opportunities to help

SOLDIER FOR LIFE:

Once a Soldier, Always a Soldier.... A Soldier for Life!



Questions and Discussion



SFL Health and Wellness Points of Contact:

- MAJ(P) Kate Little, Director: katherine.e.little.mil@army.mil
- MSG Robert Whitney, Deputy Director: robert.e.whitney.mil@army.mil

Connect or Learn More Information about SFL



<https://soliderforlife.army.mil>



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