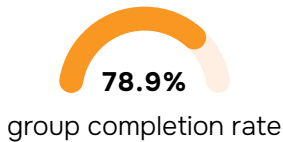


Veteran Spouse Resiliency Group (V-SRG) Program Evaluation Summary

PROGRAM REACH

76 total participants who started the program

16 total groups delivered



KEY OUTCOMES

100% improved in at least one domain



SOCIAL SUPPORT

94.7% reported increased support



SELF-CARE

73.7% engaged in more self-care



DEPRESSION

61.9% showed symptom reduction



SUICIDE PREVENTION COMPETENCY

78.9% increased suicide prevention knowledge and confidence in skills



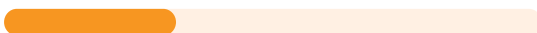
68.4% increased confidence in responding to suicide risk



57.9% increased confidence in asking about suicidal thoughts and behaviors



30.8% engaged in conversations about suicide risk after the program*



*BASED ON FOLLOW-UP SURVEY PARTICIPANTS (N = 13)

PARTICIPANT EXPERIENCE



FAVORITE ASPECTS OF THE PROGRAM INCLUDED:

♥ **Connecting** with others & feeling **less alone**

■ Gaining **knowledge & skills**

👤 **Group leaders**