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STUDY PARTICIPANT RECRUITMENT MARKETING TOOLKIT

This research study is being conducted by the Institute for Military and Veteran Family Wellness at The University of Texas at Austin.

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Download and share social media program graphics to spread the word about military spouse recruitment for our REACH study.

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- **Option 1:** Are you a military spouse or committed partner at Ft. Cavazos? Consider participating in the REACH peer support research study! These 8-week groups allow peers to come together, share stories, and lean on one another for support and guidance while gaining relevant information and tools. *Apply today!* <https://bit.ly/4cCvztb>
- **Option 2:** Based at Fort Cavazos, the REACH research study brings together military spouses in an 8-week group format. Participants receive and give each other support while forming lasting bonds. Apply today! <https://bit.ly/4cCvztb>
- **Option 3:** Prioritizing your wellness doesn't have to be something you do alone. The REACH peer support research study provides you with the tools to identify and focus on your strengths and improve your daily self-care routine. Group members give and receive each other valuable support. Apply today! <https://bit.ly/4cCvztb>

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- Access the REACH flyer by [clicking here!](#)
- If you would like us to send you printed flyers to display in your offices, please email imvfw@austin.utexas.edu

